

TMC SPORTS CENTRE

GYM MEMBERSHIPS

PUPIL- R250PM

STAFF/PAST PUPIL STUDENT RATE (UNDER
23 YEARS OLD)- R350PM

PARENTS/PAST PUPILS (OVER 23 YEARS
OLD)- R400PM

EXTERNAL- R450PM

ENQUIRIES-

KELLEY
0767992486

 WhatsApp

LET'S JOIN



MEET THE TEAM



TAYLA O'NEILL

**STRENGTH &
CONDITIONING
COACH**



0609812437



JOSHUA TEESSEN

**STRENGTH &
CONDITIONING
COACH**



0725698169



HESHAM KANA

PHYSIOTHERAPIST



0711178644



**JORDAN VAN DER
MERWE**

BIOKINETICIST



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**CONTACT THE ABOVE FOR ANY S&C
TRAINING, BIKINETICS OR PHYSIOTHERAPY**